

ICQ invites you to an Interactive Session on

STRATEGIES TO REDUCE LENGTH OF STAY AFTER SURGERY

Opening and Moderator: Dr Sivuyile Madikana (Head of Healthcare Delivery

Transformation & Hospital Risk Management - Discovery Health)

Preoperative Optimisation (Siyabonga Buthelezi, Nurse Manager, Specialised)

Minimally Invasive & Precise Surgery (Dr Thinus Smit)

Optimized Anaesthesia & Pain Control (Dr Pauline du Plessis)

Early Mobilization (Suzette Poulter-Simon)

Early Oral Feeding & Nutrition (Fresenius Kabi Nutritional Experts)

Effective Monitoring & Complication Prevention (Michelle Grobler, Joan Smith,
Dr David Wels)

Panel Q & A and discussion



3RD MARCH 2026



15H00 TO 20H00

**PLEASE ARRIVE BY 14H45 AS WE WILL
START PROMPTLY AT 15H00**



**RCA, BOUNDARY PARK, CORNER EPSOM
AVENUE & MALIBNGWE DRIVE, NORTH
RIDING**

